

SimLeggings™

SimObesity™Leggings

- Separate the zipper and place toes through the elastic strap leaving the elastic in the arch of the foot.
- Close the zipper by grabbing the two sides of the zipper tape together about 8 cm (3") above the zipper pull. Zip that section and then move your hand up again to pull the tapes together and repeat the process. This method puts less stress on the zipper.
- Smooth the covering in an upwards direction to remove any wrinkles.
- Pull the socks (provided) over the foot and onto the leggings for a smooth look. The elastic from the socks will create another indentation for identification of pitting edema.



Using 2 hands makes it easier to zip up a SimLegging