

EpiPen Trainer Instructions for Use

In an emergency: Do not use the grey Trainer. Use your real yellow EpiPen® or green EpiPen Jr® Auto-Injector.

Important Information

- **The Trainer label has a grey color.**
- **The Trainer contains no medicine and no needle.**
- Periodically practice with the grey colored Trainer before an allergic emergency (anaphylaxis) happens to make sure you are able to safely use the real yellow EpiPen or green EpiPen Jr Auto-Injector in case of an emergency.
- Always carry your real yellow EpiPen or green EpiPen Jr Auto-Injector in case of an allergic emergency.

The EpiPen Trainer

Familiarize yourself with this grey Trainer. Practice until you are comfortable using it.

Your grey colored Trainer:



Blue Safety Release
(do not remove until ready for use)

Orange Tip

- Never put your thumb, other fingers, or hand over the Orange Tip.
- The Orange Tip is where the needle comes out of your EpiPen or EpiPen Jr Auto-Injector.

Practice Instructions



1 Prepare the Trainer for Simulated Injection

- **Grasp the grey Trainer in your fist with the orange tip pointing downward.**
- With your other hand, **remove blue safety release by pulling straight up** without bending or twisting it.
- Removing the blue safety release unlocks the Trainer.



2 Administer the Trainer Simulation

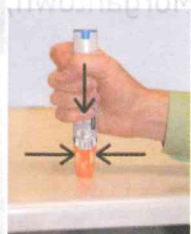
- Hold the Trainer with the orange tip near the middle of the outer thigh (upper leg).
- **Swing and firmly push the orange tip against the middle of the outer thigh** until it "clicks". Keep the Trainer firmly pushed against the thigh at a 90° angle (perpendicular) to the thigh.



- **Hold firmly against the thigh for approximately 10 seconds.**
- **Remove the Trainer from the thigh** and massage the injection area for 10 seconds. The orange tip automatically extends out after use.

Note:

- In an actual emergency, you would need to seek medical help right away
- The actual auto-injector is made to work through clothing
- Do not inject into any other part of the body



3 To reset the Trainer

- Put the blue safety release back on the Trainer
- Place the orange tip on a hard surface
- Squeeze the sides of the orange tip and push down on the Trainer with the other hand

Note: With the real yellow EpiPen or green EpiPen Jr Auto-Injector, the orange tip covers the needle after self-injection to help protect you from accidentally sticking yourself or others.

Practice Session Information

In case of an allergic emergency, use the real yellow EpiPen or green EpiPen Jr Auto-Injector and not the grey Trainer.

Follow instructions on the reverse side of this insert under Practice Instructions. Repeat as often as needed until you are able to self-inject quickly and correctly.

Reread:

- These Trainer Instructions for Use
- The "Patient Information" that comes with your EpiPen or EpiPen Jr Auto-Injector

Train others who could help you in an emergency:

- Your parents, caregivers, and others who may be in a position to administer EpiPen or EpiPen Jr should know how to help you during an allergic emergency (anaphylaxis). Before an emergency occurs, have them:
 - Practice activating the Trainer
 - Read these Trainer Instructions and the "Patient Information"

For more information about the EpiPen and EpiPen Jr Auto-Injector and the proper use of the products, go to www.epipen.com.

Caution:

Important differences between the Trainer and your real yellow EpiPen or green EpiPen Jr Auto-Injector

EpiPen Auto-Injector in Carrier Tube

EpiPen Jr Auto-Injector in Carrier Tube



Trainer



EpiPen Auto-Injector removed from Carrier Tube



EpiPen Jr Auto-Injector removed from Carrier Tube



	TRAINER (Grey)	EpiPen (Yellow)	EpiPen Jr (Green)
Contains medication?	NO	YES	YES
Has needle?	NO	YES	YES
Comes in Carrier Tube?	NO	YES	YES
Color of Label	Grey	Yellow	Green
Has expiration date?	NO	YES	YES
Can be reused?	YES	NO (use only once)	NO (use only once)
Okay to remove and replace safety release?	YES	NO (remove just once before use)	NO (remove just once before use)
Pressure needed to hold against thigh?	Moderate	Strong	Strong

This Trainer Instructions for Use has been approved by the U.S. Food and Drug Administration.

Manufactured for Mylan Specialty L.P., Morgantown, WV 26505, U.S.A. by Meridian Medical Technologies, Inc., Columbia, MD 21046, U.S.A., a Pfizer company

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